## **ADULT DAY HEALTH SERVICES**

FSL has three convenient Adult Day Health Services locations in the valley where seniors and young adults alike can spend the day participating in enrichment activities, socializing, and enjoying nutritious meals! With on-staff nurses, your loved one will receive the highest quality medical care and you can rest easy!

Our Adult Day Health Services sites also host Young Adult Groups. These are designed for participants ages 18 and older who have a disability, requiring and deserving special attention while their caregivers work or take a well-deserved break.

Multiple funding sources are available to assist with the cost of daily care. Find out more today by calling 602–285–1800 or visiting www.fsladultdayservices.org.



