Carl B. Forkner, Ph.D.

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Curriculum Vitae

AWARD-WINNING PROFESSIONAL

★ SERVANT LEADER ★

Advocate for Veterans, Dementia Awareness, Suicide Awareness & Prevention

★ Strengthening People & Communities ★

MY PASSION is helping people realize their full potential and live productive lives.

Veterans Advocate—trained Military/Veteran Resource Navigator and *Objective Zero* Ambassador & Crisis Response Planning (CRP) Coach. Active in Department of Arizona and Disabled American Veterans (DAV) Chapter East Valley 8 leadership Dr. Forkner is a Research Psychologist and certified Veteran-Ready Healthcare Provider.

Leading and enabling Veterans to thrive is my main professional focus and personal passion. I strive to explore new ways to help Veterans, especially those in mental health crisis, and help Veterans, their families, and their survivors live high-quality lives with respect and dignity.

I lead personal and organizational success!

EDUCATIONAL QUALIFICATIONS

Ph.D., Psychology: Behavioral Health Leadership, Liberty University, Lynchburg, VA, 2026 Ph.D., Higher Education Administration, University of Phoenix, Phoenix, AZ, 2013 M.S.S., International Security, Air University, Montgomery, AL, 2006 M.S.Ed., Special Education, Western Illinois University, Macomb, IL, 1984 B.A., History & Secondary Education, Monmouth College, Monmouth, IL, 1980

PROFESSIONAL CERTIFICATIONS

Human Subjects Research (2011/2013/2015/2017/2019/2021/2023/2025).

Military/Veteran Resource Navigator (2015-Present)

Objective Zero Ambassador for Veteran Suicide Prevention (2018-Present)

Applied Suicide Intervention Skills Training (ASIST) (2019-Present)

Champion/Facilitator for Dementia Awareness (2017-Present)

Secondary Teaching (6-12 Social Studies), State of Illinois (current)

Elementary Teaching (K-9), State of Illinois (current)

Special Education Teaching (Pre-21), State of Illinois (current)

	PROFESSIONAL EXPERIENCE
2022-2025	Arizona East Valley Veterans Foundation President and Chairman of the Board
2022-Pres	Resurrection Street Ministry Secretary and Member of the Board of Directors
2022-Pres	Third Bridge, LLC Consultant on Veteran Disability Issues
2019-2022	Vitanya Brain Performance/Heal the Hero Foundation Research Psychologist
2018-Pres	Disabled American Veterans (DAV) Chapter Service Officer, East Valley Chapter 8 (Jan 2018-Present) Commander, East Valley Chapter 8 (May 2022-May 2025) Adjutant, East Valley Chapter 8 (Oct 2018-May 2022) Northern District Liaison, Department of Arizona (Nov 2018-Jun 2022) Junior Vice Commander, Department of Arizona (Jun 2022-Jun 2025) Adjutant and CEO, Department of Arizona (Jun 2025-Present)
2014-2018	<u>Dynamic Worldwide Training Consultants</u> Director of Marketing and Special Projects (Oct 2014-Nov 2015) Director of Training and Development (Nov 2015-Jun 2018) Chief Operating Officer & Director of Training (Dec 2016-Jun 2018)
2014-2017	Wyzant Tutoring Multiple subject tutor, grades K through graduate school.
2014-Pres	Success! Consulting Chief Consultant
2012-2016	Wikistrat Geopolitical Analysis Senior Analyst: Iran, Middle East, South Asia, Modeling and Simulation
2006-2011	Air War College, Maxwell AFB, AL Assistant Professor, International Security Studies
1983-2011	United States Navy – Career Naval Officer Chief Executive Officer (CEO) and Chief Operating Officer (COO) equivalent positions Personnel Resources Officer & Federal Equal Opportunity Program Director/Investigator Maintenance, Supply, and Logistics Director Personnel and Information Security Program Director Operations Analyst
1982-1983	Western Illinois University, Macomb, IL Teaching Assistantship in Special Education Macomb High School, Macomb, IL Special Education Teacher (LD/EMH/SED)
1980-1982	Monmouth College, Monmouth, IL Staff: Director of <i>Cornerstone</i> outreach group Monmouth High School, Monmouth, IL Special Education Teacher

	ACADEMIC POSITIONS
2014-2018	Dynamic Worldwide Training Consultants Chief Operating Officer & Director of Training (Dec 2016-Present) Director of Training and Development (Oct 2015-Present) Director of Marketing & Special Projects (Oct 2014-Oct 2015) Adjunct Faculty (Apr-Sep 2014) Courses Taught: Digital Marketing with Social Media Leadership, Negotiation, Business Skills Cybersecurity for End Users Office Applications (Microsoft, Adobe, Google) Project Management/SCRUM/ITIL Customer Service
2014-2017	Wyzant Tutoring 25 areas of teaching approvals including K-12, undergraduate, graduate, and special education.
2013-2016	<u>Ludwig Otto Associates</u> Senior Consultant on higher, secondary, and special education leadership
2006-2011	Assistant Professor, Department of International Security Studies Courses Taught: National Security and Decision Making Joint Military Operations Seminar Director and Instructor, International Student Program Course Director and Instructor, Iranian Affairs "JLASS" Program Director, Culture and Language Program (4 years) Emerging Technologies Integration Group (4 years) Dean's Advisory Council (3 years)
1998-2000	Alexandria, VA Public Schools Volunteer Tutor for 5 th grade students (all subjects)
1998-2000	 Springfield, VA Public Schools Instructor, Hands on Science Program Courses Taught: Biology, Chemistry, Earth Science, Physics
1982-1983	 Western Illinois University, Macomb, IL Teaching Assistantship, Department of Special Education Taught undergraduate education courses in educational test and evaluation.
	Macomb High School, Macomb, IL Teacher, Special Education (LD/EMH/RD)

Teacher, Special Education (LD/EMH/BD) Freshman/Sophomore Track Coach

1980-1982 Monmouth College, Monmouth, IL

Adjunct Faculty – Music and Religious Studies Departments

Monmouth High School, Monmouth, IL

Director, Learning Disabilities (LD) Resource Program

Teacher, Educable Mentally Handicapped (EMH/MMR) self-contained classroom

Military Education & Training Positions

2006-2011	Assistant Professor, International Security Studies Director, Culture & Language Program
	Director, Culture & Language Program
2002-2005	Instructor/Certifier Duty Director of Operations.
2000-2002	Aircraft Carrier Integrated Training Team Leader Carrier Battle Group Integrated Training Director Combat Officer Trainer/Certifier
1993-1997	NATOPS Evaluator Navigator Instructor Navigator Federal EO Officer and Command Training Team Chair
1991-1993	Instructor Flag Tactical Action Officer (Battle Watch Officer) Air Wing Performance Evaluator and Statistician Federal EO Officer
1989-1991	Designated Master Training Specialist Navigation Systems/RADAR Navigation Instructor Mission Commander Trainer Simulator Instructor Trainer Director, Partnership in Education Program
1985-1989	Instructor Tactical Coordinator Instructor Navigation/Communications Officer

BOARDS, COMMITTEES, AND COUNCILS

- 2025-Pres: Arizona Veterans Resource Center
- 2022-Pres: Arizona East Valley Veterans Foundation
- 2022-Pres: Resurrection Street Ministry (Secretary/Treasurer)
- 2022-Pres: Mesa Veterans Program (Chair)
- 2013-Pres: Judge, "We the People: The Citizen and the Constitution" Programs (AZ BAR Ass'n)
- 2017-2019: Forbes Coaches Council (Business and Leadership emphasis areas)
- 2017-2018: Tempe Chamber of Commerce Business Development Council
- 2014-2022: Reviewer for Educational Researcher journal
- 2013-2022: Conference paper reviewer for AERA Annual Conference
- 2013-2022: Reviewer for *Review of Educational Research* journal
- 2014-2016: Advisory Committee, East Valley Retired and Senior Volunteer Program, Mesa, AZ
- 2007-2011: Emerging Technologies Integration Group, Air War College, Maxwell AFB, AL
- 2007-2011: US Air Force Culture and Language Council, Maxwell AFB, AL
- 2007-2010: Dean's Advisory Council, Air War College, Maxwell AFB, AL

COMMUNITY AND VOLUNTEER SERVICE

- 2019-2020: Trainer, Banner Brain Health Program, Banner Alzheimer's Institute, Phoenix, AZ
- 2018-Pres: Chapter and State Officer, Disabled American Veterans (DAV), Arizona
- 2018-Pres: Service Officer, Disabled American Veterans (DAV), Mesa, AZ
- 2018-Pres: Mesa United Way Community Allocation Panel (CAP), Mesa, AZ
- 2018-Pres: Ambassador & Crisis Planning Coach, Objective Zero
- 2017-Pres: Champion/Facilitator, Dementia Friends of Arizona
- 2017-2018: Merit Badge Counselor, Grand Canyon Council, Boy Scouts of America, Mesa, AZ
- 2014-2021: Social Media Coach, Career Connectors, Phoenix, AZ area.
- 2013-2021: LinkedIn Coach, Career Connectors, Phoenix, AZ area.
- 2013-2014: Independent Bowling Coach, United States Bowling Congress, Mesa, AZ
- 2011-2014: Benefactor for 4 annual youth bowling "Sportsmanship & Leadership" scholarships,
 Bama Lanes; Prattville, AL
- 2007-2011: Youth Bowling Coach and Assistant League Director, Bama Lanes; Prattville, AL
- 2006-2010: Instructor, Boy Scout Troop 600; Leadership Instructor, Tuckabatchee Council, Boy Scouts of America; Prattville, AL
- 2002-2005: Instructor, Achievement Program Chairman, Boy Scout Troop 553; Puyallup, WA
- 2000-2002: Pack Committee Chairman, Cub Scout Pack 533; Bremerton, WA
- 1997-2000: Academic Tutor, Alexandria Public Schools; Alexandria, VA
- 1998-2000: Volunteer Youth (Boy & Girl) Soccer Coach, Springfield Youth Club, Springfield, VA
- 1999: Volunteer Girls Basketball Coach, Springfield Youth Club, Springfield, VA

FIELDS OF STUDY

Psychology: Neuroscience—Brain/Behavior Influences; PTSD & Moral Injury in Veterans Higher Education: Academic Affairs; Curriculum Development; Assessment; Leadership

CURRENT RESEARCH PROJECTS AND PAPERS

A Comparative Analysis of Online and Moderated Personality Assessment Instruments. Psychological study examining the validity and reliability of four popular personality assessments. C. Forkner, Ph.D., and C. McMurdie, Esq.

The Prevalence of Moral Injury among Veterans Diagnosed with Post-Traumatic Stress Disorder (PTSD): Analyses by Combat Exposure, Gender, Age Group, and Military Service. C. Forkner, Ph.D.

The Patriotic Poetry of Lois Stodieck. Editor for a collection of poems highlighting Veterans and Americana, collected by the poet's daughter, Deb Roy.

BOOKS

The Ultimate LinkedIn and Facebook Workbook. C. Forkner. December 2015: D.L. Warren Enterprises. ISBN 978-1-4951-8628-8, \$24.95.

ACADEMIC STUDIES

Writing Assessment as a Predictor of Student Performance in an Executive Graduate Degree Program. C. Forkner. Doctoral Dissertation, University of Phoenix, November 2013.

National Security Strategy for the Islamic Republic of Iran – *2016 (U)*. J. Boyle, C. Forkner, S. Jansen, J. Smith, D. Toomey, G. Volesky, S. Walsh. Professional Studies Paper, Air War College, February 2006.

Disproportionate Placement of Minority Students in Special Education in the Illinois Public Schools.

C. Forkner. Master of Science in Education thesis, Western Illinois University, 1984.

Auschwitz. C. Forkner. Junior Seminar in History research project, Monmouth College, IL, 1979.

JOURNAL ARTICLES

The Impact of Neurofeedback on PTSD: A Case Study. C. Forkner. Insights to a Changing World, 2019(2), May 2019.

Parallel Demise: Vocational Education and American Consumer Economics. C. Forkner. Global Education Journal: Critical Thinking Series, 2017(3), September 15, 2017.

Racial Identity and Interaction in a Shared Community Microcosm. C. Forkner. Journal of International Diversity, 2013(3), September 2013.

Influence without Fanfare: Pestalozzi's Enduring Contributions to Education. C. Forkner. Insights to a Changing World, 2013(2), June 2013.

Higher Education in India: Political Influence and Progress. C. Forkner. *Global Education Journal, 2013*(2), June 2013.

The Influence of Realism in Higher Education: An Historical Review. C. Forkner. Global Education Journal, 2013(1), March 2013.

Post-Tenure Review: Programs, Policies, and Issues. C. Forkner. *Journal of Ethics and Critical Thinking, 2012*(3), September 2012.

The Impact of the Enlightenment and Colonialism on Higher Education in India. C. Forkner. Global Education Journal, 2012(3), September 2012.

Who Will Pay for College? National Policy and States' Rights in America. C. Forkner. Insights to a Changing World, 2012(3), September 2012.

Higher Education in China, Iran, and Italy: Diverse Systems from Common Beginnings. C. Forkner. Global Education Journal, 2012(2), June 2012.

University of Delhi: A Look inside Indian Higher Education. C. Forkner & A. Gupta. Global Education Journal, 2012(1), March 2012.

We Need More Tooth, Less Tail (U). C. Forkner, US Naval Institute Proceedings, Vol 136, No 9, September 2010. Back to Basics: Tradition in Future Warfare (U). C. Forkner, US Naval Institute Proceedings, Vol 134, No 7, July 2008.

AS YET UNPUBLISHED MANUSCRIPTS

Clergy Perspective on Moral Injury and PTSD. C. Forkner

An Examination of the Relationship between Spirituality and Perceived Stress. C. Forkner.

ONLINE ARTICLES & BLOGS

The Performance Imperative: Employee Health and Productivity. C. Forkner. (2019). Medium.com article. December 10, 2019.

The Performance Imperative: The Neuroscience of Productivity. C. Forkner. (2019). Medium.com article. December 4, 2019.

The Performance Imperative: Organizational Culture and Productivity. C. Forkner. (2019). Medium.com article. November 26, 2019.

Mitigating the stress of Success. C. Forkner. (2019). Medium.com article. November 19, 2019.

Business Edge Neuroscience: The Executive Brain. C. Forkner. (2019). Blog article. July 18, 2019.

The Benefits of Multi-Modal Treatment for TBI. C. Forkner. (2019). Health is Your Wealth, 2019(1), February 2019.

How Project Management Provides Stability in an Unstable Business World. C. Forkner. (2017). Forbes – July 14, 2017.

RESEARCH REPORTS AND ANALYSES

Business Edge Neuroscience: The Schwab Experience. Forbes. [Awaiting publication]. Lead Author.

[Title Confidential]. Wikistrat. August 2013. Analyst on Lead Project Team.

The Future of Drones. Wikistrat. July 2013. Contributing Analyst.

Iran Elections and the Road Ahead. Wikistrat. June 2013. *Contributing Analyst.*

Israel and Iran Exchange Nuclear Weapons in a Conflict. Wikistrat. January 2012. Contributing Analyst.

Integrated Training of CVBG/ARG/MEU(SOC)s (U). B. Messina. Annotated Briefing 99-71, Center for Naval Analyses, July 1999. *Contributing analyst*.

Operation Desert Fox: Chemical-Biological-Radiological Defense (U). E. McGrady, M. Markowitz, C. Forkner, J. Ebert. Research Memoranda 99-31, Center for Naval Analyses, March 1999.

Afloat Naval Forces in Small-Scale Contingencies (U). E. McGrady, C. Forkner, L. Geis, P. Swartz. Report 225, Center for Naval Analyses, February 1999.

Battle Damage Assessment (BDA) Process and Baseline Architectures (U). A. Matheny, M. Shepko, M. Kopp, R. Brody, C. Forkner. Annotated Briefing 98-110.10, Center for Naval Analyses, December 1998.

Operation Desert Thunder Quicklook: Amphibious Ready Group/Marine Expeditionary Unit (ARG/MEU) and Maritime Prepositioning Ship/Afloat Prepositioning Ship (MPS/APS) (U). C. Forkner, J. Nelson, J. Goetke. Information Memoranda 572, Center for Naval Analyses, December 1998.

ADLFP/SWALAS Project: GPS on Sonobuoys (U). P. Ogden, H. Spivak, E. Rodghiero, T. O'Neill, C. Forkner, K. Kelly. Annotated Briefing 98-78, Center for Naval Analyses, September 1998.

The UNITAS Deployment: Impact of Changes in Assigned Forces (U). T. Hone, F. Ruiz-Ramon,

C. Forkner, S. McArver, P. Roth, K. Gause. Research Memoranda 98-45, Center for Naval Analyses, August 1998.

Tracing Changes in Assigned Forces: UNITAS Deployment Calculations (U). F. Ruiz-Ramon,

C. Forkner, S. McArver. Information Memoranda 558, Center for Naval Analyses, August 1998.

Navy Exhaust Gas Emissions (U). C. Forkner, E. McGrady. Quick-Response Report 97-4, Center for Naval Analyses, November 1997.

A Comparison of Navy and Marine Corps F/A-18 Readiness (U). S. Goodwyn, J. Hall. Research Memoranda 97-79, Center for Naval Analyses, September 1997. Contributing analyst.

CURRICULA AND TRAINING PUBLICATIONS

Pulse Secure Virtual Application Delivery Controller (vADC). New courseware and lab environments. C. Forkner, A. Southwell, O. Rodriguez. April 2018-July 2018.

Sexual Harassment Prevention Seminar. New 2-hour presentation format to provide sexual harassment prevention training to multiple people within an organization. C. Forkner. January 2018.

Negotiation Skills. New courseware and labs for a three-day course designed following the guidelines as set forth in the Negotiation Book of Knowledge (NBOK), providing an in-depth exploration, understanding, and application of negotiation principles and practices. This course is for intermediate-to-advanced professionals. C. Forkner, September 2017.

Pulse Policy Secure (PPS). New courseware and lab environments. C. Forkner, A. Southwell, T. Hooker. September 2017.

Microsoft Office Specialist Certification Bootcamp. One-week program to prepare attendees to successfully align Excel, Outlook, PowerPoint, Word, and Access competencies and exercises with Microsoft Office Specialist certification exam objective areas. C. Forkner, August 2017.

Introduction to Negotiation. New half-day seminar introducing middle managers to fundamental concepts in negotiation. Courseware. C. Forkner, August 2017.

Juniper Networks Certified Internet Associate - Plus (JNCIA-Plus) Practicum. New program to prepare students better for real-world application of skills gained in training and increase opportunity for success on the Juniper Networks JNCIA-Junos certification exam. C. Forkner, A. Geiser, R. Knight, D. Steele. July 2017.

Pulse Connect Secure (PCS). New courseware and lab environments. C. Forkner, A. Southwell, T. Hooker. July 2017

Management Bootcamp for Entry- and Mid-Level Managers. Three-day program designed to provide new supervisors and managers with the skills they need to effectively lead teams, divisions, and other groups of employees. C. Forkner, July 2017.

Social Engineering and Security for the End User. Half-Day seminar program on prevalent and evolving cyber threats, symptoms of possible computer or network intrusion, and security steps available to the End User. Includes participant guide with exercises. C. Forkner, May 2017.

Pulse Connect Secure Focused Program. Three-day course focused on configuration, roles, policies & profiles, authentication, administration, and advanced troubleshooting. Includes student guide and lab guide. C. Forkner, May 2017.

Advanced Operations with Microsoft PowerPoint. Half-day course on advanced techniques to format and enrich business presentations and documents. Includes student guide with exercises. C. Forkner, April 2017.

Advanced Operations with Microsoft Word. Half-day course focused on advanced techniques to format and enrich business documents. Includes student guide with exercises. C. Forkner, April 2017.

Introduction to Microsoft Office 2016/365. Half-day seminar program focused on advanced features of Excel, PowerPoint, OneNote, Outlook, and Office 365 Web Apps & Collaboration. C. Forkner, April 2017.

Executive Leadership Seminar. Half-day seminar for executives and senior leaders with student workbook. C. Forkner. August 2016.

Network Security Expert Curriculum. A new, seven-module course of focused student guides leading to the Network Security Expert Level 1 certification, including: The Threat Landscape, Datacenter Firewall, Next Generation Firewall (NGFW), Unified Threat Management (UTM), Application Security, The Wireless Perimeter, and Management & Analytics. [Company Confidential]. C. Forkner, January 2016.

Threat Landscape and Security Measures. Module for Network Security Expert – Level 1 (NSE1) syllabus. *[Company Confidential].* C. Forkner. October 2015.

The Ultimate LinkedIn and Facebook Workshop. Workshop. Workshop. C. Forkner. August 2015.

Modern Network Security. Study Guide to accompany the Network Security Expert – Level 1 (NSE1) syllabus. [Company Confidential]. C. Forkner. 2014.

Modern Network Security. Syllabus for the Network Security Expert – Level 1 (NSE1) certification program. [Company Confidential]. C. Forkner. 2014.

Regional and Cultural Studies – AY 2011 International Student Program. Syllabus for 12-week classroom and field study program for international graduate students examining US diplomatic, informational, military, economic, and cultural perspectives and interactions. Air War College, Montgomery, AL. Lead program/syllabus architect. Co-author John Schuessler, Ph.D.

AWARDS AND RECOGNITION

Academic and Writing Awards

- Air University Foundation and Military Officers' Association of America (MOAA) writing award (2008)
- USO Outstanding Volunteer Service to Education Award (1998)
- Award for "Best Partnership Staff Development" for Partnership in Education Program (1991)

Service Awards

- Induction into the Arizona Veterans Hall of Fame (2025)
- Distinguished Service Award, DAV Department of Arizona (2024)
- Disabled Veteran of the Year, DAV Department of Arizona (2022)
- Disabled Veteran of the Year, DAV East Valley Chapter 8 (2020)
- Outstanding Volunteer of the Year Award, Career Connectors (2014)
- "Coach of the Season" Award, Prattville Youth Bowling Program (2011)
- National Boy Scout Leader Training Medal (2004)
- Boy Scout Religious Recognition Award (2003)
- Cub Scout Leader Recognition Award (2002)

Military Career Awards

- Individual Awards: Defense Meritorious Service Medal (2); Meritorious Service Medal (3); Navy and Marine Corps Commendation Medal (2); Navy and Marine Corps Achievement Medal (2); Air Force Achievement Medal; Military Outstanding Volunteer Service Medal (5); Expert Rifleman Medal; Pistol Sharpshooter Ribbon; Commander's Award for Excellence; President's Commendation (CNA Corporation); Flag Letter of Commendation (Deputy Chief of Naval Operation for Air Warfare); Instructor of the Quarter; Company Grade Officer of the Quarter; Aircrew of the Quarter; Wing Aircrew of the Quarter
- <u>Service and Campaign Awards</u>: National Defense Service Medal (2); Antarctica Service Medal; Armed Forces Expeditionary Medal; Afghanistan Campaign Medal; Global War on Terrorism Service Medal; Sea Service Deployment Ribbon (8); Coast Guard Special Operations Service Ribbon (3); Cold War Service Medal
- <u>Unit Awards</u>: Navy Unit Commendation (2); Coast Guard Unit Commendation with Operational Distinguishing Device; Air Force Outstanding Unit Award; Navy Meritorious Unit Commendation; Coast Guard Meritorious Unit Commendation with Operational Distinguishing Device (2); Air Force Organizational Excellence Award (4); Navy Battle Efficiency Award (2)

Miscellaneous Awards

- "People on the Move," Phoenix Business Journal, January 2016.
- Featured as *Notable Alumni* by Monmouth College, September 2013.



PROFESSIONAL AFFILIATIONS

- American Psychological Association (APA)
- American Educational Research Association (AERA)
- Disabled American Veterans, Chapter 8, Mesa, AZ (Life Member)
- American Legion Post 26, Mesa, AZ (Life Member)
- American Veterans (Life Member)
- Navy League of the United States, Phoenix, AZ Chapter (Life Member)
- Military Officers Association of America, Superstition Mountain, AZ Chapter (Life Member)
- Veterans of Foreign Wars, Mesa, AZ Post 1760 (Life Member)
- Iraq and Afghanistan Veterans of America (Life Member)
- Objective Zero working to eliminate veteran suicide (Ambassador & Crisis Response Plan Coach)
- Dementia Friends Arizona (Champion/Trainer)

LANGUAGES

- English (native language)
- French (conversational)
- Spanish (studied)
- German (studied)
- Persian Farsi (studied)