

The **END** of Alzheimer's Starts with **ME!**TM

Volunteer Your Time

Our volunteers are essential! Opportunities include training to assist with programs such as Helpline or Support Groups, office support, community and multi-cultural outreach, serving on committees and helping at special events.

Walk to End Alzheimer'sTM

Help build community awareness, raise funds for local programs, and have fun! Sign up and bring your friends, family & co-workers!

Be an Advocate

Urge legislators to pursue policies that benefit families coping with Alzheimer's – lend your voice to help end this disease.

Participate in Research

Take part in clinical trials for the next generation of Alzheimer's treatments. Visit www.trialmatch.com to find local research opportunities.

Contribute to Programs & Services

Your gift helps make the difference for thousands of families struggling with Alzheimer's disease and other dementias.

- Celebrate someone's life with a tribute gift, or remember someone dear to you with a memorial gift.
- Consider including Alzheimer's Association Desert Southwest Chapter in your will or estate plan. For more information, please call 602-528-0545.



Our vision is a world without Alzheimer'sTM.

Our nationwide mission is to eliminate Alzheimer's disease through the advancement of research, to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health.

The Desert Southwest Chapter's purpose is to empower and support individuals, families, care partners and communities affected by dementia in Arizona and southern Nevada.

Alzheimer's Association[®] Desert Southwest Chapter Central Arizona Regional Office

1028 E McDowell Road
Phoenix, AZ 85006
602.528.0545 tel
602.528.0546 fax

www.alz.org/dsw

1-800-272-3900
TDD 1-866-403-3073
24 Hour Helpline



Community Partner

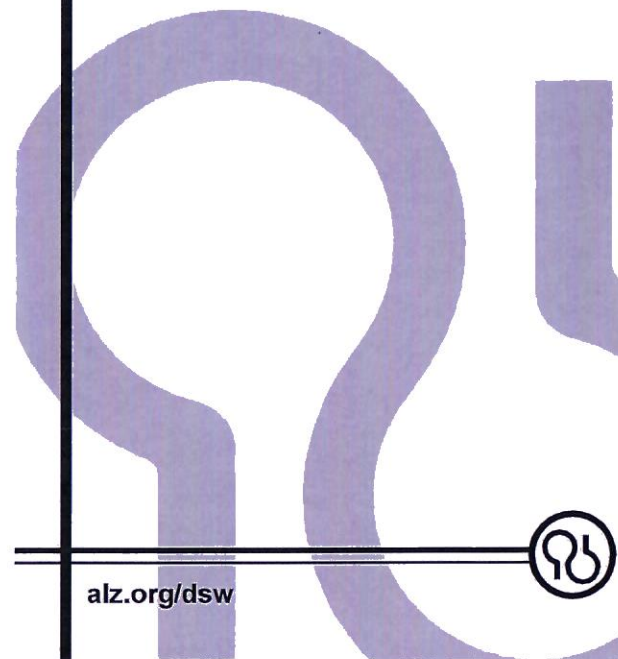
*Alzheimer's Association Desert Southwest Chapter is a
community-based 501c3 non-profit charity.*

alzheimer's  association[®]

Desert Southwest Chapter

Support Along the Way

*A Guide to Help and Support
Individuals, Families and Friends*



alz.org/dsw



A History of CARING

The Desert Southwest Chapter has been providing support, services and information since 1981 to people with memory problems, families caring for them, and health care providers.

We are a community-based 501c3 non-profit charitable organization, incorporated and governed by a local volunteer board of directors to provide services in Arizona and Southern Nevada.

The Desert Southwest Chapter is dedicated to responsible stewardship of our donors' contributions. We are proud that 86% of all donations go directly to providing local programs and services.

Alzheimer's disease is not a normal part of aging. It is a progressive disease of the brain for which no cure currently exists.

It is not uncommon to lose or forget things every now and then. But if memory problems get in the way of everyday living, it may be time to call us for more information or to see a doctor.

There are an estimated 5.4 million Americans with Alzheimer's today.

For every person with the disease, another four are touched by it as family members, friends, or caregivers. One in eight people age 65+ and almost half of those age 85+ have Alzheimer's disease.



alzheimer's association®

Desert Southwest Chapter

Providing Services. Helping People. **FREE** of Charge.

No one needs to go through this journey alone. The impact on people with Alzheimer's and their families and friends can be overwhelming. We offer a variety of free programs, services, and resource information to help you cope with all aspects of the disease and its progression.

Helpline / Information & Referral

Call 1-800-272-3900, 24-hours a day, 7 days a week, to speak confidentially with a trained Helpline specialist who will provide information, support and referrals to local resources. We also have a wide range of free educational materials to assist you. Our Alzheimer's Resource Libraries offer the loan of books and videos. Information is also available through our website at www.alz.org/dsw.

Family Care Consultation

A professional Care Consultant can assist you with individualized guidance on care options, interventions and resources to address your immediate needs and plan for the future. This confidential service offers ongoing support throughout the course of the disease, free of charge. Our staff is available by phone and/or through scheduled office or home visits.

Support Groups

Trained facilitators meet with small groups of caregivers to share information and experiences, build new skills, and offer peer

support and ideas. Participation is free of charge. Please call our office or check our website for locations and times of Support Groups meeting in your area.

Education

Our Education Programs are designed to increase awareness and knowledge about Alzheimer's and related dementias. Topics of these practical sessions include introductions to the disease, addressing behavioral challenges, long-term planning and much more. Contact our office or check our website for program locations and times.

Early Stage

Early Stage programming helps to engage and educate persons diagnosed with Alzheimer's disease and their loved ones. The programs consist of specific activities focused on engaging, encouraging and empowering impacted individuals to fully utilize their strengths and capacities.

MediAlert® + Safe Return®

Wandering is one of the greatest risks for a person with Alzheimer's disease. MediAlert + Safe Return is a nationwide identification and education program that mobilizes first responders should an individual become lost. The program provides peace of mind to caregivers as well as information on home safety and wandering prevention. Scholarships are available to eligible families to assist with the initial fee for enrollment.

**THERE IS HOPE FOR THE FUTURE AND HELP FOR TODAY.
PLEASE CONTACT US.**