

## WHAT IS PALLIATIVE CARE?

Palliative care focuses on supporting the patient in a holistic way—meeting physical, psychological and spiritual needs.

The goal is to achieve the best quality of life possible.

People can receive palliative care at the same time they are receiving treatment for their chronic condition.

When people with serious illness feel better, they are more likely to be able to stay home and out of the emergency room.

Just knowing a nurse is available by phone 24/7/365 puts minds at ease.

*"The team is trying to make me comfortable in more ways than just medical. If I feel down, they're here to give me advice. If I have a problem, they help me work it out."*



### OUTREACH PALLIATIVE CARE

1510 E. Flower St., Phoenix, AZ 85014  
(602) 530-6920 FAX 530-6905

[azphc.org](http://azphc.org)

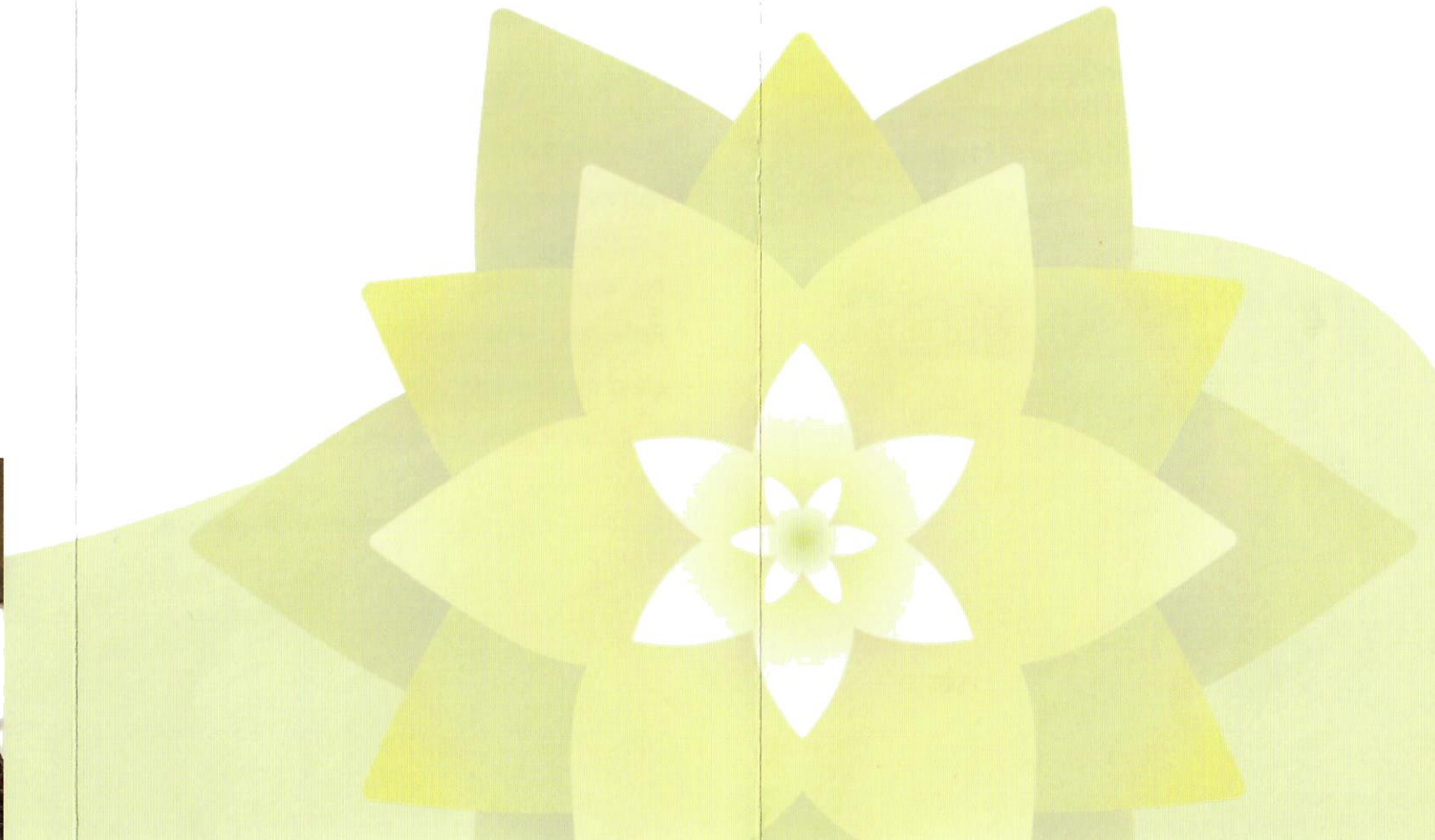
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PHC 1586 | 01.18

ARIZONA PALLIATIVE  
Home Care

## OUTREACH PALLIATIVE CARE

*A resource for the seriously ill*



## OUTREACH PALLIATIVE CARE

Are you or your loved one struggling with chronic illness?

Outreach Palliative Care is for people with late-stage serious disease who may be getting aggressive treatment and want home-based education and care. Our social worker comes to your home to connect you with community resources. There is no charge for this service.

Social workers provide information about the disease, community resource referrals and support to navigate the healthcare system.

On-duty nurses are available by phone 24/7/365 to answer questions.

Our goal is to help you chart the best course.

**The results:** Comfort and peace of mind.



*"I know I can call a nurse for help at any hour. That is so reassuring. I'd rather be cared for at home than go to the emergency room."*



## WHAT YOU GET

- Education about your disease process
- Family caregiver education
- 24/7/365 telephone support from a nurse for urgent issues
- Referrals to community resources
- Help navigating the healthcare system
- Assistance with living wills and medical power of attorney forms
- No-cost Senior Placement Service referrals, if needed

**Outreach palliative care** provides education, assistance and reassurance. We work in collaboration with your physicians to determine the best plan of care.

**Call (602) 530-6920. Fax (602) 530-6905.**

## OUR PATIENTS

People who would benefit from Outreach Palliative Care may have been hospitalized two times or more in the last year and have one or more advanced health conditions.

Most likely they have several healthcare providers. They may be getting aggressive treatments that have side effects.

Working in collaboration with patients' physicians, services are provided in patients' homes or wherever they reside.

Chronic medical conditions include:

- Cancer
- Heart disease
- Lung disease
- Liver failure
- Kidney failure
- Neuromuscular disease

### **Our mission:**

*Knowledge, care and options for people with serious illness.*