

# Support Group for Caregivers East Valley Circle of Friends



Banner Alzheimer's Institute (BAI) provides a support group for care partners affected by Alzheimer's disease and related dementias. This group is designed to help solve problems and share concerns in a supportive setting. Discussions are initiated by care partners and supplemented with occasional formal presentations on relevant topics. Facilitated by BAI's Social Worker, MaryLou Hernandez, LCSW.

This is a "drop-in" group. Registration not required.

## 2019 Dates

|             |               |
|-------------|---------------|
| January 24  | July 25       |
| February 28 | August 22     |
| March 28    | September 26  |
| April 25    | October 24    |
| May 23      | November 21 * |
| June 27     | December 19 * |


*\*indicates 3<sup>rd</sup> Thursday due to Holidays*

**Location:** *Mesa Red Mountain Library, Roadrunner Room*

*635 N. Power Road, Mesa*

**Day:** *Every 4<sup>th</sup> Thursday of the month*

**Time:** *12:30 – 2:00pm*

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