



Adult Day Health Services

3 Convenient Locations

Contact the center nearest you to learn more:

GLENDALE

Monday - Friday: 7:30 a.m. to 5:30 p.m.

6010 West Northern Avenue
Glendale, AZ 85301
602-532-2983
glendaleadhs@FSL.org

PHOENIX

Monday - Friday: 7:00 a.m. to 6:00 p.m.

3620 North 4th Avenue
Phoenix, AZ 85013
602-297-1840
phoenixadhs@FSL.org

TEMPE

Monday - Friday: 7:00 a.m. to 6:00 p.m.

2234 East Maryland Drive
Tempe, AZ 85281
602-532-2982
tempeadhs@FSL.org



All FSL ADHS Centers participate in the Child and Adult Care Food Program (CACFP), a United States Department of Agriculture program administered by the Arizona Department of Education. Meals are available to all enrolled adults at no separate charge, without regard to gender, race, color, age, disability, or national origin. The primary goal of CACFP is to improve and maintain the health and nutritional status of adults and children, while promoting good eating habits.

This institution is an equal opportunity provider and employer.

Under Titles VI and VII of the Civil Rights Act of 1964 and the Americans with Disabilities Act of 1990 Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, FSL prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age and disability. FSL must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. Auxiliary aids and services are available upon request to individuals with disabilities.

For example, this means that if necessary, FSL must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that FSL will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact FSL at 602-285-1800 Ext. 151. Para obtener este document en otro format u obtener informacion adicional sobre esta politica, FSL 602-285-1800.



Adult Day Health Services

for Over 40 Years

Arizona Department of Health Licensur



Extraordinary People

Exceptional Care

602-285-1800

www.FSL.org

The mission of Adult Day Health Services is to promote greater physical and emotional well-being for all participants through a wide variety of stimulating activities while encouraging new friendships.



For adults 18 years and older, who need support and assistance during the day, FSL's adult day health services program offers exceptional care from trained professionals. We provide your loved one with a variety of therapeutic activities, rehabilitation and companionship in our state-licensed, secure and attractive centers.

Registered Nurses provide nursing supervision, including medication administration and healthcare monitoring, while staff also ensure your loved one's personal care needs are met.

With peace of mind, you can complete business, run errands, work, or simply relax at home during the day, confident in knowing that your loved one is being cared for in a professional, personalized and loving environment.



FSL has given me not only respite, but freedom from worry knowing my husband is in a caring and safe environment.
- Caregiver of FSL Client

Our Services

- Nursing Supervision
- Individualized Care Plans
- Nutritious Meals and Snacks
- Therapeutic Recreational Activities
- Daily Exercise
- Personal Care including Bathing
- Community Outings
- Special Events
- Caregiver Support
- Specialized Dementia Programs
- Specialized Young Adult Program
- Restorative Therapy
- Limited Transportation

Our professional staff is here to assist you with our simplified enrollment process and to work with you in researching available funding resources.

Our Funding Contracts

Area Agency on Aging (Family Caregiver)

Area Agency on Aging (SAIL)

Bridgeway (ALTCS)

Department of Economic Securities -
Division of Developmental Disabilities

Mercy Care Plan (ALTCS)

Private Pay

UnitedHealthcare (ALTCS)

Veterans Administration

My health does improve when I attend the FSL day program. I look forward to getting up on the days I get to go there. I don't get out very much without the Center - I really like the outings and the nurses and CNAs help me a lot!
- FSL Client

