



**“I get to talk to people, socialize and go on different outings. I made friends there!”**

- Aaron, Adult Day Health Services Client

## Who We Are & What We Do

FSL, also known as Foundation for Senior Living, has been caring for Arizonans since 1974. Our mission is to provide home and community-based services and develop energy-efficient, affordable housing to promote health, independence and dignity for all. We do this by providing:

- **Safe Home:** We develop both single- and multi-family homes and we manage multi-family affordable housing complexes and residential behavioral health group homes in Arizona. We train and monitor sponsors of the Adult Foster Care and Adult Behavioral Health Therapeutic Home programs.
- **Nutritious Meals:** We provide 725,000 pounds of food to families in need from our food pantries in Phoenix, Peoria, and Wickenburg. We serve nearly 800 congregate and home-delivered meals to Arizonans each day.
- **Health & Wellness:** We provide home and community-based services to enhance independence for Arizonans of all ages, including adult day health, Medicare-certified home health and non-medical home care services.
- **Education:** We educate clients, family and professional caregivers and members of the community in an effort to empower them to maintain and enhance independence for themselves, their loved ones and their clients.

## Our Core Values



### Compassion

Aiding others to alleviate suffering



### Dignity

Respecting the inherent value of each person



### Innovation

Advancing better solutions to meet community needs



### Excellence

Providing outstanding service in every encounter



### Integrity

Making sound and ethical decisions

*On average, Arizona seniors receive \$15,050.00 annually in social security benefits; for many, this is their only source of income.*

## Our Impact on Arizona



Each night  
**Safe Home for 886 Arizonans**

**ENERGY-EFFICIENT, AFFORDABLE HOUSING**



Every day  
**Food for 2,122 Arizonans**

**NUTRITIOUS MEALS**



Each year  
**387,713 hours of respite**  
for caregivers

**HOME & COMMUNITY-BASED HEALTHCARE**



Every year  
**31,765 hours of education**  
to patients and caregivers

**EDUCATION & COMMUNITY RESOURCES**

*Last year, we provided more than 800,000 meals to Arizonans in need.*

## Get Involved and Support FSL

- **Make a Donation:** Your contributions to FSL are **100% tax-deductible and qualify for the Arizona Charitable Tax Credit**. We also appreciate in-kind donations of items such as gently used medical equipment and furniture for our loan closets and food, personal hygiene items and cleaning supplies for our community pantries. With your help, we can provide for more Arizonans in need! **FSL's Federal Tax ID #86-0298945**
- **Recommend FSL's home and community-based services** to friends and loved ones who need help to remain safely at home after the diagnosis of a chronic disease, an injury or issues related to aging.
- **Follow, Share and Like** FSL on Facebook (FSLhelps), Twitter (FSLcares), YouTube (FSLvideos), Pinterest, Instagram and LinkedIn.
- **Sign up for our newsletter** by visiting [www.FSL.org](http://www.FSL.org) today!
- **Volunteer your time and talents:** Call 602-285-0505 x156, email [Volunteers@FSL.org](mailto:Volunteers@FSL.org) or review current listings online at [www.FSL.org](http://www.FSL.org).

***Contributions to FSL qualify for the Arizona Charitable Tax Credit, providing you with a dollar for dollar credit on your taxes!***