



## Oakwood Creative Care is...

- the innovative solution you have been looking for
- an affordable option in the continuum of long term care
- Day Clubs that offer purpose and meaning in your day

OCC's COMBINATION OF INNOVATIVE ACTIVITIES, STAFF APPROACHES, ENVIRONMENT, AND QUALITY OF CARE IS REDUCING DEPRESSION, AGITATION, AND INCREASES JOY, PURPOSE, AND CREATES A SENSE OF WELL BEING.



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 OakwoodCCLAZ

### Town Center Day Club

247 N. MACDONALD  
MESA, AZ 85201  
480-484-1061

### Red Mountain Day Club

7550 E. ADOBE ST.  
MESA, AZ 85202  
480-641-7844

Programs supported by:



AREA AGENCY ON AGING  
REGION ONE, INCORPORATED



Mesa United Way

Each morning my mom reminds me she has "to get to work," be on time, and be certain that her lipstick matches her outfit.

OCC has given my mother a place to go each day to socialize, to do amazing activities, and be with her peers. Regardless of my mother's fading memory, she has purpose and meaning in her life because of OCC.

-Jeannie L.



Creating Moments

THAT MATTER



# DAY CLUBS

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Each day...



...is a day...



REMEMBER

...to

Our Day Clubs specialize in treating the Mind Body and Spirit by creating opportunities to live beyond a diagnosis regardless of a memory or physical challenge.

**MIND**

**CREATIVITY**

Visual Art, Woodworking, Story Telling, Poetry

**MUSIC**

Music Therapy, Drumming Circles, Concerts

**CLASSES**

Cognitive Educational Therapy, Brain Games

**BODY**

**MOVEMENT**

Dance, Zumba, Tai Chi, Exercise Classes

**WELLNESS**

Nursing Care, Individualized Support

**MEALS**

Café Style Lunch

**SPRIT**

**Friendship**

Faith Groups

Volunteering

Gardening Classes

Laughter

Intergenerational Engagement

Family Support

**The Team**

Our highly professional, friendly, creative and caring staff love what they do and are always learning and challenging themselves. They each have specialized and diverse backgrounds and bring their hobbies, passions, and talents to our Day Clubs. Our interdisciplinary team includes backgrounds of nursing, music therapy, storytelling, artists, laughter therapists, green thumbs, yoga, carpentry, and more. **THEY ARE AWESOME!!**



**Rate**

\$14.50 per hour

WE ARE AN ALTCS PROVIDER

&

have an agreement with the VETERANS ADMINISTRATION

ASK US ABOUT OUR TRANSPORTATION SERVICES!