



arts engagements for  
adults with dementia and  
their care partners

**ARTS  
IN  
MIND**  
ENGAGEMENTS

**MESA  
ARTS  
CENTER**

# STUDIO ART DISCOVERY

Session 1: Tuesdays MARCH 27 APRIL 3, 10, 17 10:00 – 11:30AM

Session 2: Saturdays MAY 5, 12, 19 1:00 – 2:30PM

Mesa Arts Center – Multipurpose Room

**ARTS IN MIND** is designed for individuals with mild to moderate dementia and their care partners. We offer opportunities for individuals to foster dignity and sense of self, as well as building connections for you and your loved one, through arts engagements. No prior arts experience is necessary.

**Studio Art Discovery Series.** Participants meet for a playful, colorful and layered mixed-media art making experiences. Hands-on studio sessions provide a unique supportive environment in which to discover new ways of connecting, create moments of shared meaning, and come together as joint collaborators (with a great deal to give and receive from one another) as well as enjoy social connections with others on a similar journey.

TO REGISTER SEND EMAIL TO : [ENGAGEMENT@MESAARTSCENTER.COM](mailto:ENGAGEMENT@MESAARTSCENTER.COM) or CALL 480-644-6564





# ARTS IN MIND

## CAREGIVER ART SAMPLERS

Caregivers are invited to connect with other caregivers.  
Relax, mingle and enjoy experiences in the arts!

### ALL ENGAGEMENTS ARE FREE

Mesa Arts Center provides caregivers with an opportunity to integrate learning about the advancement of dementia while engaging in interactive arts experiences.

Each session begins with a hands-on 60-minute session that includes a 15-minute social break and concludes with a 20-minute information session on the latest research in dementia and tips for engaging your loved one.

**It's designed to be a fun experience for you!**

**FEBRUARY 1ST**  
CERAMICS  
CERAMICS STUDIO

**MARCH 1ST**  
PRINTMAKING  
MCA MUSEUM

**APRIL 5TH**  
MUSIC  
MUSIC STUDIO

**MAY 3RD**  
BEGINNING FLAMEWORKING  
GLASS STUDIO

**MAY 31ST**  
MOVING THROUGH IT  
ACTING STUDIO

**TIME** 10:00 - 11:45AM

TO REGISTER, CALL 480-644-6564 OR  
EMAIL [ENGAGEMENT@MESAARTSCENTER.COM](mailto:ENGAGEMENT@MESAARTSCENTER.COM)

IN PARTNERSHIP WITH

alzheimer's  association®

CALL 1-800-272-3900 FOR AVAILABLE RESPITE OPPORTUNITIES



**MESA ARTS CENTER**



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